

CROSS COUNTRY SCHEDULE

2009

Coach: Mr. St Denis
rstdenis@rescue.k12.ca.us

<u>DATE</u>	<u>HOST</u>	<u>VISITOR</u>	<u>MEET TIME</u>
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09/02/09	Pleasant Grove	Sutter/ Rolling Hills	4:00
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09/09/09	Sutter	Pleasant Grove Camerado/ Marina	4:00
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09/16/09	Folsom	Pleasant Grove Rolling Hills	4:00
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09/23/09	Pleasant Grove	Folsom/ Marine	4:00
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09/30/09	Marina	Pleasant Grove Camerado	4:00
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10/08/09	League Finals	TBA	4:00
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