

FALL PRACTICE SCHEDULES

For exact times, please contact the coach.

GIRLS AND BOYS VOLLEYBALL



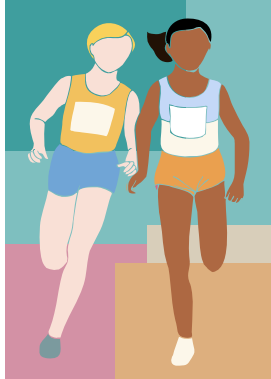
Coach Hardt

mhardt@rescue.k12.ca.us

Practices will be held Monday thru Friday
From 2:15 to 6:30.

For exact times, please contact Coach Hardt.
Games are on Tuesdays and Thursdays - Refer to Game Schedule

CROSS COUNTRY



Coach St. Denis

rstdenis@rescue.k12.ca.us

Practices will be held Monday Thru Wednesday
From 2:15 to 3:45.

For exact times, please contact Coach St. Denis.
Meets are on Wednesday - Refer to Meet Schedule

GO PUMAS!